UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Type Responses)												
1. Name and Address of R BOUSHIE RAYMON	2. Issuer Name and ASTRONICS CO			ing Symb	ol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) 124 LAUREL LANE	(First)	(Middle)	3. Date of Earliest T 10/10/2013	ransaction	(Mon	th/Day/Y	ear)		other (specify bel	low)		
PONTE VEDRA BEA	4. If Amendment, D	ate Origina	l File	d(Month/Da	ny/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person						
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year			Execution Date, if	(Instr. 8)			isposed o	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Direct (D)	Beneficial Ownership	
				Code	V	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)	
\$.01 PV Com Stk									5,000	D		
\$.01 PV CLASS B ST	OCK	10/10/2013		<u>J(1)</u>		1,834	A	\$ 0	6,005	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

> Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)
>
> 4 5 Number 6 Date Exercisable and 7 Title and

1. Title of Derivative Security	of 2. 3. Transaction 3A. Deemed 4. Execution Date, if Transaction at the conversion of the conversion		4.		5. Number of		6. Date Exerc Expiration Da (Month/Day/	7. Title and Amount of Underlying		Derivative	9. Number of Derivative Securities	Ownership	11. Nature of Indirect Beneficial		
(Instr. 3)	Price of Derivative Security	(Hollanday, Teal)	(Month/Day/Year)			Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				Securities (Instr. 3 and 4)		(Instr. 5)	Beneficially Owned	Derivative Security: Direct (D) or Indirect	Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option	\$ 9.28							09/20/2007	03/20/2017	\$.01 PV Com Stk	5,000		5,000	D	
Option	\$ 9.28	10/10/2013		J <u>(1)</u>		1,581		09/20/2007	03/20/2017	\$.01 PV CL B STK	4,487	\$ 0	4,487	D	
Option	\$ 10.08							09/20/2008	03/20/2018	\$.01 PV Com Stk	2,500		2,500	D	
Option	\$ 10.08	10/10/2013		<u>J(1)</u>		791		09/20/2008	03/20/2018	\$.01 PV CL B STK	2,244	\$ 0	2,244	D	
Option	\$ 4.88							09/05/2009	03/05/2019	\$.01 PV Com Stk	4,000		4,000	D	
Option	\$ 4.88	10/10/2013		<u>J(1)</u>		1,012		09/05/2009	03/05/2019	\$.01PV CL B Stk	2,072	\$ 0	2,072	D	
Option	\$ 5.82							09/02/2010	03/02/2020	\$.01 PV Com Stk	5,000		5,000	D	
Option	\$ 5.82	10/10/2013		J(1)		1,265		09/20/2010	03/02/2020	\$.01 PV CL B Stk	2,590	\$ 0	2,590	D	
										\$.01					

Option	\$ 14.2				08/28/2011	02/28/2021	PV Com Stk	2,500		2,500	D	
Option	\$ 14.2	10/10/2013	J/K(1)	633	08/28/2011	02/28/2021	\$.01 PV CL B Stk	1,296	\$ 0	1,296	D	
Option	\$ 24.99				08/28/2012	02/28/2022	\$.01 PV Com Stk	3,000		3,000	D	
Option	\$ 24.99	10/10/2013	<u>J(1)</u>	690	08/28/2012	02/28/2022	\$.01 PV CL B Stk	1,140	\$ 0	1,140	D	
Option	\$ 23.08				08/22/2013	02/22/2023	\$.01 PV Com Stk	3,000		3,000	D	
Option	\$ 23.08	10/10/2013	<u>J(1)</u>	600	08/22/2013	02/22/2023	\$.01 PV CL B Stk	600	\$ 0	600	D	

Reporting Owners

D (O N (A))	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
BOUSHIE RAYMOND W									
124 LAUREL LANE	X								
PONTE VEDRA BEACH, FL 32082									

Signatures

/s/David C. Burney as Power of Attorney for Raymond W. Boushie	10/11/2013
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares issued pursuant to a one-for-five distribution of Class B stock to holders of both Common and Class B stock on the record date of October 10, 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.