FORM 4 Check this box if no

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting I KRAMER JAMES S		2. Issuer Name an ASTRONICS CO			~ .	bol		5. Relationship of Reporting Persor (Check all applic		
130 COMMERCE WAY		3. Date of Earliest 7 10/10/2013	Γransaction	(Mo	onth/Day/\	(ear)		X Officer (give title below) VP Luminescent Sys	Other (specify bettems, Inc.	elow)
(Street) EAST AURORA, NY 14052		4. If Amendment, Γ	Date Origina	al Fil	ed(Month/D	ay/Year)		6. Individual or Joint/Group Filing(_X_ Form filed by One Reporting Person Form filed by More than One Reporting Pe		le Line)
(City) (State)	(Zip)	Tal	ble I - Non	-Der	ivative So	ecurities	Acqu	ired, Disposed of, or Beneficially ()wned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)	tion	4. Secur (A) or D (D) (Instr. 3,	oisposed	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form:	7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)	Price		(I) (Instr. 4)	(111511. 4)
\$.01 PV Common Stock								66,678	D	
\$.01 PV Class B Stock	10/10/2013		<u>J(1)</u>		32,822	A	\$ 0	130,256	D	
\$.01 PV Common Stock								220	I	By Spouse
\$.01 PV Class B Stock	10/10/2013		<u>J(1)</u>		95	A	\$ 0	351	I	By Spouse
Reminder: Report on a separate line	for each class of securit	ties beneficially own	ed directly	or ir	ndirectly					
Technical Report on a separate fine	TO CACH CHASO OF SCOULIN	continuity own	ĺ	Pers cont	ons who	this for	rm are	the collection of information e not required to respond unles ntly valid OMB control number	ss	1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

Deemed 4. 5. Number 6. Date Exercisable and 7. Title and 8. Price of 9. Number of 10.

Security	Conversion	Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transact	tion	5. Num	tive ies ed	6. Date Exerc Expiration Da (Month/Day/\text{\text{\$^1\$}}	isable and ite	7. Titl Amou Under Secur	nt of lying	Derivative Security (Instr. 5)		Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	or Number of Shares				
Option	\$ 2.89							02/19/2005	02/19/2014	\$.01 PV Com Stk	9,400		9,400	D	
Option	\$ 2.89	10/10/2013		J <u>(1)</u>		2,973		02/19/2005	02/19/2014	\$.01 PV Cl B Stk	8,437	\$ 2.89	8,437	D	
Option	\$ 2.68							12/14/2005	12/14/2014	\$.01 PV Com Stk	10,400		10,400	D	
Option	\$ 2.68	10/10/2013		J <u>(1)</u>		3,289		12/14/2005	12/14/2014	\$.01 PV Cl B Stk	9,334	\$ 2.68	9,334	D	
Option	\$ 3.43							02/18/2006	02/18/2015	\$.01 PV Com Stk	8,750		8,750	D	
										\$.01 PV					

Option	\$ 3.43	10/10/2013	J(1)	2,767	02/18/2006	02/18/2015	Cl B Stk	7,852	\$ 3.43	7,852	D	
Option	\$ 5.18				12/13/2006	12/13/2015	\$.01 PV Com Stk	6,100		6,100	D	
Option	\$ 5.18	10/10/2013	J(1)	1,929	12/13/2006	12/13/2015	\$.01 PV Cl B Stk	5,474	\$ 5.18	5,474	D	
Option	\$ 9.15				12/12/2007	12/12/2016	\$.01 PV Com Stk	4,030		4,030	D	
Option	\$ 9.15	10/10/2013	J(1)	1,274	12/12/2007	12/12/2016	\$.01 PV Cl B Stk	3,615	\$ 9.15	3,615	D	
Option	\$ 20.98				12/19/2008	12/19/2017	\$.01 PV Com Stk	2,010		2,010	D	
Option	\$ 20.98	10/10/2013	J <u>(1)</u>	635	12/19/2008	12/19/2017	\$.01 PV Cl B Stk	1,802	\$ 20.98	1,802	D	
Option	\$ 5.19				12/09/2009	12/09/2018	Stk	11,800		11,800	D	
Option	\$ 5.19	10/10/2013	J(1)	2,985	12/09/2009	12/09/2018	\$.01 PV Cl B Stk	6,112	\$ 5.19	6,112	D	
Option	\$ 5.18				12/03/2010	12/03/2019	\$.01 PV Com Stk	11,750		11,750	D	
Option	\$ 5.18	10/10/2013	J(1)	2,973	12/03/2010	12/03/2019	\$.01 PV Cl B Stk	6,087	\$ 5.18	6,087	D	
Option	\$ 14.01				12/02/2011	12/02/2020	\$.01 PV Com Stk	4,350		4,350	D	
Option	\$ 14.01	10/10/2013	J(1)	1,101	12/02/2011	12/02/2020	\$.01 PV Cl B Stk	2,254	\$ 14.01	2,254	D	
Option	\$ 24.81				12/01/2012	12/01/2021	\$.01 PV Com Stk	3,200		3,200	D	
Option	\$ 24.81	10/10/2013	J ⁽¹⁾	736	12/01/2012	12/01/2021	\$.01 PV Cl B Stk	1,216	\$ 24.81	1,216	D	
Option	\$ 16.79				11/29/2013	11/29/2022	\$.01 PV Com Stk	5,700		5,700	D	
Option	\$ 16.79	10/10/2013	J(1)	1,140	11/29/2013	11/29/2022	\$.01 PV Cl B Stk	1,140	\$ 16.79	1,140	D	

Reporting Owners

D (O N / /)			Relationships	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other

/s/David C. Burney, as Power of Attorney for James S. Kramer	10/11/2013
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares issued pursuant to a one-for-five distribution of Class B stock to holders of both Common and Class B stock on the record date of October 10, 2013.
- (2) Mr. Kramer disclaims any beneficial interest in the shares owned by his wife.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.