# FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)											
Name and Address of Reporting KEANE KEVIN T	2. Issuer Name a ASTRONICS C				nbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director X 10% Owner					
1801 ELMWOOD AVE	3. Date of Earliest 03/05/2014	Transactio	n (M	onth/Day	/Year)	Officer (give title below		Other (specify be	elow)		
(Street) BUFFALO, NY 14207	4. If Amendment,	Date Origii	nal Fi	iled(Month	/Day/Year	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(City) (State)	(Zip)	Ta	able I - No	n-De	rivative S	Securiti	es Acqu	ired, Disposed of, or B	Beneficially (	Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)		4. Securities Acc (A) or Disposed (Instr. 3, 4 and 5		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			(I) (Instr. 4)	
\$.01 PV Com Stk	03/05/2014		S		3,900	D	\$ 69.21	39,672		D	
\$.01 PV Com Stk	03/06/2014		S		6,100	D	\$ 69.68	33,572		D	
\$.01 PV Cl B Stk								1,132,383		D	
\$.01 PV Com Stk								58,120		I	By Spouse (1)
\$.01 PV Cl B Stk								99,662		I	By Spouse
Reminder: Report on a separate lin	ne for each class of secur	ities beneficially ow	ned directl	y or i	indirectly						
				con	tained i	n this f	orm ar	the collection of inf e not required to res ently valid OMB cont	spond unles	ss	1474 (9-02)
		Derivative Securiti									
1. Title of 2. 3. Transac		4. 5.	Number 6	. Dat					f 9. Number	of 10.	11. Nati

	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Code	)		vative rities ired or osed o) . 3,	d d				-	Securities Beneficially Owned Following	Derivative Security: Direct (D) or Indirect	Beneficial
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option	\$ 7.07							09/06/2006	03/06/2016	\$.01 PV Com Stk	5,000		5,000	D	
Option	\$ 7.07							09/06/2006	03/06/2016	\$.01 PV Cl B Stk	4,487		4,487	D	
Option	\$ 9.28							09/20/2007	03/20/2017	\$.01 PV Com Stk	5,000		5,000	D	
Option	\$ 9.28							09/20/2007	03/20/2017	\$.01 PV C1 B Stk	4,487		4,487	D	
Option	\$ 10.08							09/20/2008	03/20/2018	\$.01 PV	2,500		2,500	D	

						Com				
Option	\$ 10.08			09/20/2008	03/20/2018	Stk	2,244	2,244	D	
Option	\$ 4.88			09/05/2009	03/05/2019	\$.01 PV Com Stk	4,000	4,000	D	
Option	\$ 4.88			09/05/2009	03/05/2019	\$.01 PV Cl B Stk	2,072	2,072	D	
Option	\$ 5.82			09/02/2010	03/02/2020	\$.01 PV Com Stk	5,000	5,000	D	
Option	\$ 5.82			09/02/2010	03/02/2020	\$.01 PV Cl B Stk	2,590	2,590	D	
Option	\$ 14.2			08/28/2011	02/28/2021	\$.01 PV Com Stk	2,500	2,500	D	
Option	\$ 14.2			08/28/2011	02/28/2021	\$.01 PV Cl B Stk	1,296	1,296	D	
Option	\$ 24.99			08/28/2012	02/28/2022	\$.01 PV Com Stk	3,000	3,000	D	
Option	\$ 24.99			08/28/2012	02/28/2022	\$.01 PV Cl B Stk	1,140	1,140	D	
Option	\$ 23.08			08/22/2013	02/22/2023	\$.01 PV Com Stk	3,000	3,000	D	
Option	\$ 23.08			08/22/2013	02/22/2023	\$.01 PV Cl B Stk	600	600	D	
Option	\$ 65.36			09/03/2014	03/03/2024	\$.01 PV Com Stk	2,000	2,000	D	

#### **Reporting Owners**

D ( O N ( ) )	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
KEANE KEVIN T									
1801 ELMWOOD AVE	X	X							
BUFFALO, NY 14207									

### Signatures

/s/David C. Burney, as Power of Attorney for Kevin T. Keane	03/07/2014	
**Signature of Reporting Person	Date	

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Mr. Keane disclaims any beneficial ownership in shares held by his wife.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.