

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person PEABODY MARK			2. Issuer Name and Ticker or Trading Symbol ASTRONICS CORP [ATRO]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ 10% Owner _____ <input checked="" type="checkbox"/> Officer (give title below) _____ Other (specify below) _____ <div style="border: 1px solid black; padding: 2px; width: fit-content; margin-left: 100px;">VP Astronics Advanced Electron</div>		
(Last) 130	(First) COMMERCE	(Middle) WAY	3. Date of Earliest Transaction (Month/Day/Year) 11/26/2019			6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person		
(Street) EAST AURORA, NY 14052			4. If Amendment, Date Original Filed (Month/Day/Year)					
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned					

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
\$.01 PV Common Stock	11/26/2019		M		16,840	A	\$ 2.84	25,601	D	
\$.01 PV Common Stock	11/26/2019		F		6,530	D	\$ 29.6	19,071	D	
\$.01 PV Class B Stock	11/26/2019		M		29,814	A	\$ 2.84	186,806	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option	\$ 2.84	11/26/2019		M		16,840		12/03/2010	12/03/2019	\$.01 PV Com Stk	16,840	\$ 2.84	0	D	
Option	\$ 2.84	11/26/2019		M		29,814		12/03/2010	12/03/2019	\$.01 PV Cl B Stk	29,814	\$ 2.84	0	D	
Option	\$ 7.68							12/02/2011	12/02/2020	\$.01 PV Com Stk	6,500		6,500	D	
Option	\$ 7.68							12/02/2011	12/02/2020	\$.01 PV Cl B Stk	11,508		11,508	D	
Option	\$ 13.59							12/01/2012	12/01/2021	\$.01 PV Com Stk	4,300		4,300	D	

Option	\$ 13.59						12/01/2012	12/01/2021	\$.01 PV Cl B Stk	6,530		6,530	D	
Option	\$ 9.2						11/29/2013	11/29/2022	\$.01 PV Com Stk	7,400		7,400	D	
Option	\$ 9.2						11/29/2013	11/29/2022	\$.01 PV Cl B Stk	8,807		8,807	D	
Option	\$ 28.45						12/11/2014	12/11/2023	\$.01 PV Com Stk	2,990		2,990	D	
Option	\$ 28.45						12/11/2014	12/11/2023	\$.01 PV Cl B Stk	2,467		2,467	D	
Option	\$ 30.83						12/11/2015	12/11/2024	\$.01 PV Com Stk	3,470		3,470	D	
Option	\$ 30.83						12/11/2015	12/11/2024	\$.01 PV Cl B Stk	1,807		1,807	D	
Option	\$ 27.72						12/03/2016	12/03/2025	\$.01 PV Com Stk	4,500		4,500	D	
Option	\$ 27.72						12/03/2016	12/03/2025	\$.01 PV Cl B Stk	1,451		1,451	D	
Option	\$ 31.76						12/14/2017	12/14/2026	\$.01 PV Com Stk	4,820		4,820	D	
Option	\$ 31.76						12/14/2017	12/14/2026	\$.01 PV Cl B Stk	723		723	D	
Option	\$ 35.61						12/12/2018	12/12/2027	\$.01 PV Com Stk	7,010		7,010	D	
Option	\$ 35.61						12/12/2018	12/12/2027	\$.01 PV Cl B Stk	1,052		1,052	D	
Restricted Stock Unit	(1)						(2)	(2)	\$.01 PV Com Stk	1,205		1,205	D	
Restricted Stock Unit	(3)						(2)	(2)	\$.01 PV Cl B Stk	180		180	D	
Option	\$ 31.57						12/13/2019	12/13/2028	\$.01 PV Com Stk	9,280		9,280	D	

Restricted Stock Unit	(1)						(4)	(4)	\$.01 PV Com Stk	1,220		1,220	D
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Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
PEABODY MARK 130 COMMERCE WAY EAST AURORA, NY 14052			VP Astronics Advanced Electron	

Signatures

/s/Julie Davis, as Power of Attorney for Mark Peabody		11/26/2019
<small>Signature of Reporting Person</small>		<small>Date</small>

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit represents the right to receive, at settlement, one share of common stock.
Vesting of these restricted stock units depends on Astronics Corp.'s average annual adjusted EBITDA for the period of January 1, 2018 - December 31, 2020. The "target" number of restricted stock units is reported. Between 75% and 115% of the target number of units may vest on December 31, 2020, with the vesting percentage determined based on actual performance.
- (3) Each restricted stock unit represents the right to receive, at settlement, one share of Class B stock.
Vesting of these restricted stock units depends on Astronics Corp.'s average annual adjusted EBITDA for the period of January 1, 2019-December 31, 2021. The "target" number of restricted stock units is reported. Between 75% and 115% of the target number of units may vest on December 31, 2021, with the vesting percentage determined based on actual performance.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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