FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Addr		2. Issuer Name and Ticker or Trading Symbol ASTRONICS CORP [ATRO]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)									
(Last)	ast) (First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 02/23/2023									^	Officer (g below)	ive title		10% Owner Other (specify below)		
(Street) EAST AURORA NY 14052			052		4. If <i>A</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)							1	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)																				
		Та	ble I - Noi	า-Der	ivativ	e Se	curities	s Acqı	uired, l	Disp	osed of,	or Be	nefic	ially Ow	ned					
1. Title of Security (Instr. 3) 2. Trans Date (Month/k						ear) i	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a				and 5) Securities Beneficial Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount (A) or (D)		Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
\$.01 PV Com S								31,7	31,784		D									
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/)	Code (5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Dat (Month/Day/Ye		e	7. Title and Amor Securities Under Derivative Secur (Instr. 3 and 4)		lerlying urity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti	Ownersh Form: Ily Direct (D or Indire (I) (Instr.	Ownership	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title		Amount or Number of Shares	(Instr. 4		on(s)			
Option	\$28.5								09/07/20	017	03/07/2027	\$.01 Com		4,000		4,000		D		
Option	\$28.5								09/07/20	017	03/07/2027	\$.01 P B S		600		600		D		
Option	\$34.04								03/02/20	019	03/02/2028	\$.01 Com		4,000		4,000		D		
Option	\$34.04								03/02/20	019	03/02/2028	\$.01 P B S		600		600		D		
Restricted Stock Unit	(1)	02/23/2023			A		7,438		(2)		(2)	\$.01 Com		7,438	\$0.00	7,438		D		

Explanation of Responses:

- 1. Each restricted stock unit represents the right to receive, at settlement, one share of common stock.
- 2. These restricted stock units are scheduled to vest 100% on August 23, 2023.

Remarks:

/s/Julie Davis as Power of Attorney for Jeffry D. Frisby

 $\underline{02/27/2023}$

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.