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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden 0.5 hours per response ..

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting Person KRAMER JAMES S	2. Issuer Name an ASTRONICS CO			ing Symt	ool	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) 130 COMMERCE WAY		3. Date of Earliest Transaction (Month/Day/Year) 08/18/2011					X_Officer (give title below) Other (specify below) VP Luminescent Systems, Inc.			
(Street) EAST AURORA, NY 14052							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Tab	ole I - Non-	Deri	vative Se	curities	Acqui	ired, Disposed of, or Beneficially C	Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if	(Instr. 8)		(A) or D (D) (Instr. 3,	isposed 4 and 5 (A) or)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
¢ 01 DV Common Starl	00/10/2011		Code	V	Amount	. ,	Price		(Instr. 4)	
\$.01 PV Common Stock	08/18/2011		S		143	D	\$ 25	69,679	D	
\$.01 PV Class B Stock								73,680	D	
\$.01 PV Common Stock								220	I	By Spouse (1)
\$.01 PV Class B Stock								194	Ι	By Spouse (<u>1)</u>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.			imber	6. Date Exerc		7. Titl				10.	11. Nature
Security (Instr. 3)	Conversion or Exercise Price of Derivative Security		Execution Date, if any (Month/Day/Year)	Code)		rities nired or osed 0) :. 3,	Expiration Da (Month/Day/Y		Amou Under Secur (Instr.	lying	Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Security: Direct (D) or Indirect	of Indirect Beneficial Ownership (Instr. 4)
				Code		(A)			Expiration Date		Amount or Number of Shares				
Option	\$ 3.87							01/24/2004	01/24/2013	\$.01 PV Com Stk	5,467		5,467	D	
Option	\$ 3.87							01/24/2004	01/24/2013	\$.01 Cl B Stk	2,050		2,050	D	
Option	\$ 3.99							02/19/2005	02/19/2014	\$.01 PV Com Stk	9,400		9,400	D	
Option	\$ 3.99							02/19/2005	02/19/2014	\$.01 PV Cl B Stk	3,525		3,525	D	
Option	\$ 3.7							12/14/2005	12/14/2014	\$.01 PV Com Stk	10,400		10,400	D	
Option	\$ 3.7							12/14/2005	12/14/2014	\$.01 PV Cl B	3,900		3,900	D	

					Stk				
Option	\$ 4.73		02/18/2006	02/18/2015	\$.01 PV Com Stk	8,750	8,750	D	
Option	\$ 4.73		02/18/2006	02/18/2015	\$.01 PV C1 B Stk	3,280	3,280	D	
Option	\$ 7.15		12/13/2006	12/13/2015	\$.01 PV Com Stk	6,100	6,100	D	
Option	\$ 7.15		12/13/2006	12/13/2015	\$.01 PV C1 B Stk	2,287	2,287	D	
Option	\$ 12.63		12/12/2007	12/12/2016	\$.01 PV Com Stk	4,030	4,030	D	
Option	\$ 12.63		12/12/2007	12/12/2016	\$.01 PV Cl B Stk	1,510	1,510	D	
Option	\$ 28.95		12/19/2008	12/19/2017	\$.01 PV Com Stk	2,010	2,010	D	
Option	\$ 28.95		12/19/2008	12/19/2017	\$.01 PV Cl B Stk	753	753	D	
Option	\$ 7.16		12/09/2009	12/09/2018	\$.01 PV Com Stk	11,800	11,800	D	
Option	\$ 7.16		12/09/2009	12/09/2018	\$.01 PV C1 B Stk	1,180	1,180	D	
Option	\$ 7.15		12/03/2010	12/03/2019	\$.01 PV Com Stk	11,750	11,750	D	
Option	\$ 7.15		12/03/2010	12/03/2019	\$.01 PV C1 B Stk	1,175	1,175	D	
Option	\$ 19.33		12/02/2011	12/02/2020	\$.01 PV Com Stk	4,400	4,400	D	
Option	\$ 19.33		12/02/2011	12/02/2020	\$.01 PV Cl B Stk	440	440	D	

Reporting Owners

	Relationships									
Reporting Owner Name / Address	Director	10% Owner	Officer	Other						
KRAMER JAMES S 130 COMMERCE WAY EAST AURORA, NY 14052			VP Luminescent Systems, Inc.							

Signatures

/s/David C. Burney, as Power of Attorney for James S. Kramer		08/22/2011	
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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Mr. Kramer disclaims any beneficial interest in the shares owned by his wife.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.