Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)												
1. Name and Address of Reporting Pers DRENNING JOHN B	2. Issuer Name an ASTRONICS CO			ding Sym	bol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X. Director 10% Owner						
(Last) (First) THE GUARANTY BUILDING, SUITE 100	(Middle) 140 PEARL ST.,	3. Date of Earliest Transaction (Month/Day/Year) 03/03/2014							Other (specify be	low)		
(Street) BUFFALO, NY 14202-4040		4. If Amendment, D	Date Origina	al Fil	ed(Month/E	Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State)	(Zip)	Ta	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if	(Instr. 8)	tion	4. Securi (A) or D (D) (Instr. 3, Amount	isposed 4 and 5 (A) or	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Ownership	Beneficial Ownership		
\$.01 PV Com Stk										76,498	D	
\$.01 PV Cl B Stk						234,694	D					

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)																
Security	Conversion	(Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code)		tive ies ed ed	6. Date Exercisable and Expiration Date (Month/Day/Year)		ate Amou Year) Unde Secur		Amount of			e Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						
Option	\$ 3.45							08/28/2005	02/28/2015	\$.01 PV Com Stk	4,000		4,000	D			
Option	\$ 3.45							08/28/2005	02/28/2015	\$.01 PV Cl B Stk	3,590		3,590	D			
Option	\$ 7.07							09/06/2006	03/06/2016	\$.01 PV Com Stk	5,000		5,000	D			
Option	\$ 7.07							09/06/2006	03/06/2016	\$.01 PV Cl B Stk	4,487		4,487	D			
Option	\$ 9.28							09/20/2007	03/20/2017	\$.01 PV Com Stk	5,000		5,000	D			
Option	\$ 9.28							09/20/2007	03/20/2017	\$.01 PV Cl B Stk	4,487		4,487	D			
Option	\$ 10.08							09/20/2008	03/20/2018	\$.01 PV Com	2,500		2,500	D			

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Option	\$ 10.08				0	09/20/2008	03/20/2018	Stk \$.01 PV C1 B Stk	2,244		2,244	D	
Option	\$ 4.88				()9/05/2009	03/05/2019	\$.01 PV Com Stk	4,000		4,000	D	
Option	\$ 4.88				0	09/05/2009	03/05/2019	\$.01 PV C1 B Stk	2,072		2,072	D	
Option	\$ 5.82				0	09/02/2010	03/02/2020	\$.01 PV Com Stk	5,000		5,000	D	
Option	\$ 5.82				0	09/02/2010	03/02/2020	\$.01 PV Cl B Stk	2,590		2,590	D	
Option	\$ 14.2				0	08/28/2011	02/28/2021	\$.01 PV Com Stk	2,500		2,500	D	
Option	\$ 14.2				0	08/28/2011	02/28/2021	\$.01 PV Cl B Stk	1,296		1,296	D	
Option	\$ 24.99				0	08/28/2012	02/28/2022	\$.01 PV Com Stk	3,000		3,000	D	
Option	\$ 24.99				0	08/28/2012	02/28/2022	\$.01 PV Cl B Stk	1,140		1,140	D	
Option	\$ 23.08				0	08/22/2013	02/22/2023	\$.01 PV Com Stk	3,000		3,000	D	
Option	\$ 23.08				0	08/22/2013	02/22/2023	\$.01 PV Cl B Stk	600		600	D	
Option	\$ 65.36	03/03/2014	A ⁽¹⁾	2,000	(09/03/2014	03/03/2024	\$.01 PV Com Stk	2,000	\$ 65.36	2,000	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
DRENNING JOHN B THE GUARANTY BUILDING 140 PEARL ST., SUITE 100 BUFFALO, NY 14202-4040	Х							

Signatures

 /s/David C. Burney as Power of Attorney for John B. Drenning
 03/05/2014

 **Signature of Reporting Person
 Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Granted pursuant to the Company's 2005 Directors Stock Option Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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