| FORM 4 |
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| Check this box if no  |
|-----------------------|
| longer subject to     |
| Section 16. Form 4 or |
| Form 5 obligations    |
| may continue. See     |
| Instruction 1(b).     |

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Responses)                                   |                                 |                          |   |             |           |   |                |             | <u> </u>   |  |  |
|---|---------------------------------|--------------------------|---|-------------|-----------|---|----------------|-------------|--|--|--|
| <ol> <li>Name and Address of I<br/>MCKENNA ROBER</li> </ol> | 2. Issuer Name a<br>ASTRONICS ( |                          |   |             | mbol      | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)<br>X Director 10% Owner  |                |             |  |  |  |
| (Last)<br>38 QUARTERMAST                                    | 3. Date of Earliest 03/05/2014  | t Transactio             | on (M   | lonth/Day   | //Year)   | Officer (give title below)  | Other (specify | below)      |  |  |  |
| SALEM, SC 29676   | 4. If Amendment,                | Date Orig                | inal F  | iled(Month  | ı/Day/Yea | 6. Individual or Joint/Group Filing(Check Applicable Line)<br>_X_Form filed by One Reporting Person<br>Form filed by More than One Reporting Person |                |             |  |  |  |
| (City)  | (State)                         | (Zip)                    | Т   | able I - No | on-De     | erivative   | Securit        | ies Acq     | uired, Disposed of, or Beneficially  | y Owned                                |  |
| 1.Title of Security<br>(Instr. 3)                           |                                 | Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) | (Instr. 8)  | ction     | 4. Secur<br>(A) or D<br>(Instr. 3)  | Disposed       | l of (D)    | 5. Amount of Securities<br>Beneficially Owned Following<br>Reported Transaction(s)<br>(Instr. 3 and 4) | 6.<br>Ownership<br>Form:<br>Direct (D) | Beneficial<br>Ownership                              |
|   |                                 |                          |   | Code        | v         | Amount  | (A) or<br>(D)  | Price       |  | or Indirect<br>(I)<br>(Instr. 4)       | (Instr. 4)   |
| \$.01 PV Com Stk  |                                 | 03/05/2014               |   | М           |           | 2,520   | D              | \$<br>71.96 | 25   | I                                      | Robert J<br>McKenna<br>Revocable<br>Trust <u>(1)</u> |
| \$.01 PV Com Stk  |                                 | 03/05/2014               |   | М           |           | 4,000   | А              | \$<br>3.45  | 4,025  | I                                      | Robert J<br>McKenna<br>Revocable<br>Trust <u>(1)</u> |
| \$.01 PV Com Stk  |                                 | 03/05/2014               |   | М           |           | 5,000   | А              | \$<br>7.07  | 9,025  | I                                      | Robert J<br>McKenna<br>Revocable<br>Trust <u>(1)</u> |
| \$.01 PV Com Stk  |                                 | 03/05/2014               |   | М           |           | 5,000   | А              | \$<br>9.28  | 14,025   | I                                      | Robert J<br>McKenna<br>Revocable<br>Trust <u>(1)</u> |
| \$.01 PV Com Stk  |                                 | 03/05/2014               |   | J           |           | 12,564  | А              | \$ 0        | 26,589   | I                                      | Robert J<br>McKenna<br>Revocable<br>Trust <u>(1)</u> |
| \$.01 PV Cl B Stk   |                                 | 03/05/2014               |   | М           |           | 3,590   | А              | \$<br>3.45  | 3,590  | I                                      | Robert J<br>McKenna<br>Revocable<br>Trust <u>(1)</u> |
| \$.01 PV Cl B Stk   |                                 | 03/05/2014               |   | М           |           | 4,487   | А              | \$<br>7.07  | 8,077  | I                                      | Robert J<br>McKenna<br>Revocable<br>Trust <u>(1)</u> |
| \$.01 PV Cl B Stk   |                                 | 03/05/2014               |   | М           |           | 4,487   | А              | \$<br>9.28  | 12,564   | I                                      | Robert J<br>McKenna<br>Revocable<br>Trust <u>(1)</u> |
| \$.01 PV Cl B Stk   |                                 | 03/05/2014               |   | J           |           | 12,564  | D              | \$0         | 0  | I                                      | Robert J<br>McKenna<br>Revocable<br>Trust (1)        |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

|             | ( <i>e.g.</i> , puts, calls, warrants, options, convertible securities) |                  |                    |             |            |                         |                  |             |              |            |             |  |  |  |
|-------------|---|------------------|--------------------|-------------|------------|-------------------------|------------------|-------------|--------------|------------|-------------|--|--|--|
| 1. Title of | 2.  | 3. Transaction   | 3A. Deemed         | 4.          | 5. Number  | 6. Date Exercisable and | 7. Title and     | 8. Price of | 9. Number of | 10.        | 11. Nature  |  |  |  |
| Derivative  | Conversion  | Date             | Execution Date, if | Transaction | of         | Expiration Date         | Amount of        | Derivative  | Derivative   | Ownership  | of Indirect |  |  |  |
| Security    | or Exercise   | (Month/Day/Year) | any                | Code        | Derivative | (Month/Day/Year)        | Underlying       | Security    | Securities   | Form of    | Beneficial  |  |  |  |
| (Instr. 3)  | Price of  |                  | (Month/Day/Year)   | (Instr. 8)  | Securities |                         | Securities       | (Instr. 5)  | Beneficially | Derivative | Ownership   |  |  |  |
|             | Derivative  |                  |                    |             | Acquired   |                         | (Instr. 3 and 4) |             | Owned        | Security:  | (Instr. 4)  |  |  |  |
|             | Security  |                  |                    |             | (A) or     |                         |                  |             | Following    | Direct (D) |             |  |  |  |
|             |   |                  |                    |             |            |                         |                  |             |              | 1          |             |  |  |  |

|        |          |            |      |   | of (<br>(Ins | tr. 3, 4, |                     |                    |                            |  |         | Reported<br>Transaction(s)<br>(Instr. 4) | or Indirect<br>(I)<br>(Instr. 4) |  |
|--------|----------|------------|------|---|--------------|-----------|---------------------|--------------------|----------------------------|--|---------|--|----------------------------------|--|
|        |          |            | Code | v | and<br>(A)   |           | Date<br>Exercisable | Expiration<br>Date | Title                      | Amount<br>or<br>Number<br>of<br>Shares |         |  |                                  |  |
| Option | \$ 3.45  | 03/05/2014 | М    |   |              |           | 08/28/2005          | 02/28/2015         | \$.01<br>PV<br>Com<br>Stk  | 4,000                                  | \$ 3.45 | 0  | D                                |  |
| Option | \$ 3.45  | 03/05/2014 | М    |   |              | 3,590     | 08/28/2005          | 02/28/2015         | \$.01<br>PV<br>Cl B<br>Stk | 3,590                                  | \$ 3.45 | 0  | D                                |  |
| Option | \$ 7.07  | 03/05/2014 | М    |   |              | 5,000     | 09/06/2006          | 03/06/2016         | \$.01                      | 5,000                                  | \$ 7.07 | 0  | D                                |  |
| Option | \$ 7.07  | 03/05/2014 | М    |   |              | 4,487     | 09/06/2006          | 03/06/2016         | \$.01<br>PV<br>Cl B<br>Stk | 4,487                                  | \$ 7.07 | 0  | D                                |  |
| Option | \$ 9.28  | 03/05/2014 | М    |   |              | 5,000     | 09/20/2007          | 03/20/2017         | \$.01<br>PV<br>Com<br>Stk  | 5,000                                  | \$ 9.28 | 0  | D                                |  |
| Option | \$ 9.28  | 03/05/2014 | М    |   |              | 4,487     | 09/20/2007          | 03/20/2017         | \$.01<br>PV<br>Cl B<br>Stk | 4,487                                  | \$ 9.28 | 0  | D                                |  |
| Option | \$ 10.08 |            |      |   |              |           | 09/20/2008          | 03/20/2018         | \$.01<br>PV<br>Com<br>Stk  | 2,500                                  |         | 2,500                                    | D                                |  |
| Option | \$ 10.08 |            |      |   |              |           | 09/20/2008          | 03/20/2018         | \$.01<br>PV<br>Cl B<br>Stk | 2,244                                  |         | 2,244                                    | D                                |  |
| Option | \$ 4.88  |            |      |   |              |           | 09/05/2009          | 03/05/2019         | \$.01<br>PV<br>Com<br>Stk  | 4,000                                  |         | 4,000                                    | D                                |  |
| Option | \$ 4.88  |            |      |   |              |           | 09/05/2009          | 03/05/2019         | \$.01<br>PV<br>Cl B<br>Stk | 2,072                                  |         | 2,072                                    | D                                |  |
| Option | \$ 5.82  |            |      |   |              |           | 09/02/2010          | 03/02/2020         | \$.01<br>PV<br>Com<br>Stk  | 5,000                                  |         | 5,000                                    | D                                |  |
| Option | \$ 5.82  |            |      |   |              |           | 09/02/2010          | 03/02/2020         | \$.01<br>PV<br>Cl B<br>Stk | 2,590                                  |         | 2,590                                    | D                                |  |
| Option | \$ 14.2  |            |      |   |              |           | 08/28/2011          | 02/28/2021         | \$.01<br>PV<br>Com<br>Stk  | 2,500                                  |         | 2,500                                    | D                                |  |
| Option | \$ 14.2  |            |      |   |              |           | 08/28/2011          | 02/28/2021         | \$.01<br>PV<br>Cl B<br>Stk | 1,296                                  |         | 1,296                                    | D                                |  |
| Option | \$ 24.99 |            |      |   |              |           | 08/28/2012          | 02/28/2022         | \$.01<br>PV<br>Com<br>Stk  | 3,000                                  |         | 3,000                                    | D                                |  |
| Option | \$ 24.99 |            |      |   |              |           | 08/28/2012          | 02/28/2022         | \$.01<br>PV<br>Cl B<br>Stk | 1,140                                  |         | 1,140                                    | D                                |  |

| Option | \$ 23.08 |  |  | 08/22/2013 |            | \$.01<br>PV<br>Com         |       | 3,000 | D |  |
|--------|----------|--|--|------------|------------|----------------------------|-------|-------|---|--|
| Option | \$ 23.08 |  |  | 08/22/2013 | 02/22/2023 | \$.64<br>PV<br>Cl B<br>Stk | 600   | 600   | D |  |
| Option | \$ 65.36 |  |  | 09/03/2014 |            | \$.01<br>PV<br>Com<br>Stk  | 2,000 | 2,000 | D |  |

### **Reporting Owners**

|   | Relationships |           |         |       |  |  |  |  |  |
|---|---------------|-----------|---------|-------|--|--|--|--|--|
| Reporting Owner Name / Address                                | Director      | 10% Owner | Officer | Other |  |  |  |  |  |
| MCKENNA ROBERT J<br>38 QUARTERMASTER DRIVE<br>SALEM, SC 29676 | х             |           |         |       |  |  |  |  |  |

# Signatures

| /s/David C. Burney as Power of Attorney for Robert J. McKenna | 03/07/2014 |
|---|------------|
| Signature of Reporting Person                                 | Date       |

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Represents shares held by the Robert J. McKenna Revocable Trust. The beneficiaries of the trust are the reporting persons immediate family. The reporting person serves as one of two trustees and shares voting and investment power.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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