# FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Report KRAMER JAMES S	2. Issuer Name and Ticker or Trading Symbol ASTRONICS CORP [ATRO]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			
130 COMMERCE WAY	3. Date of Earliest 7 06/02/2014	Transaction	(Mo	onth/Day/	Year)	X Officer (give title below) Other (specify below)  VP Luminescent Systems, Inc.				
(Street) EAST AURORA, NY 1405	4. If Amendment, I	Oate Origin	al Fil	led(Month/	Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting Person				
(City) (State)	(Zip)	Ta	ble I - Non	-Der	ivative S	ecuriti	es Acqui	ired, Disposed of, or Beneficially (	Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Form:	7. Nature of Indirect Beneficial
			Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
\$.01 PV Common Stock	06/02/2014		S		3,000	D	\$ 53.92	68,766	D	
\$.01 PV Class B Stock								148,027	D	
\$.01 PV Common Stock								220	I	By Spouse
\$.01 PV Class B Stock								351	I	By Spouse
Reminder: Report on a separate	line for each class of securi	ties beneficially own	ned directly	or in	ndirectly.					
								the collection of information not required to respond unles		1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

the form displays a currently valid OMB control number.

$(a.g.,  ext{puts},  ext{calls},  ext{warrants},  ext{options},  ext{convertible securities})$															
1. Title of		3. Transaction	3A. Deemed	4.		5. Nu	ımber	6. Date Exerc	isable and	7. Titl	e and			10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	tion	of		Expiration Date		Amount of		Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Deriv	ative	ative (Month/Day/Year)		Underlying		Security	Securities	Form of	Beneficial
	Price of		(Month/Day/Year)	(Instr. 8)	)	Secu	rities	ì		Securities		(Instr. 5)	Beneficially	Derivative	Ownership
l` í	Derivative		,	` '		Acqu	ired			(Instr. 3 and 4)			Owned	Security:	(Instr. 4)
	Security					(A) o				·			Following	Direct (D)	,
						Dispo							Reported	or Indirect	
						of (D	)						Transaction(s)	(I)	
						(Instr	. 3,						(Instr. 4)	(Instr. 4)	
						4, and	d 5)								
										Amount					
											or				
								Date	Expiration	Title	Number				
								Exercisable	Date	11110	of				
				Code	V	(A)	(D)				Shares				
						. ,				\$.01					
										PV					
Option	\$ 3.43							02/18/2006	02/18/2015		8,750		8,750	D	
•										Com			ĺ.		
										Stk					
										\$.01					
										PV					
Option	\$ 3.43							02/18/2006	02/18/2015	Cl B	7,852		7,852	D	
										Stk					
										\$.01					
Ontion	Ø 5 10							12/13/2006	12/12/2015	PV	6,100		6,100	D	
Option	\$ 5.18							12/13/2006	12/13/2013	Com	6,100		0,100	D	
										Stk					
										\$.01					
Option	\$ 5.18							12/13/2006	12/13/2015	PV	5,474		5,474	D	
Option	Ψ 5.16							12/13/2000	12/13/2013	Cl B	3,777		3,777	Ъ	
										Stk					
										\$.01					
Option	\$ 9.15							12/12/2007	12/12/2016	PV	4,030		4,030	D	
F									,, 3 1 0	Com	,,		.,		
										Stk					
										\$.01					
										φ.01					

Option	\$ 9.15		12/12/2007	12/12/2016	PV Cl B Stk	3,615	3,615	D	
Option	\$ 20.98		12/19/2008	12/19/2017	\$.01 PV Com Stk	2,010	2,010	D	
Option	\$ 20.98		12/19/2008	12/19/2017	\$.01 PV Cl B Stk	1,802	1,802	D	
Option	\$ 5.19		12/09/2009	12/09/2018	\$.01 PV Com Stk	11,800	11,800	D	
Option	\$ 5.19		12/09/2009	12/09/2018	\$.01 PV Cl B Stk	6,112	6,112	D	
Option	\$ 5.18		12/03/2010	12/03/2019	\$.01 PV Com Stk	11,750	11,750	D	
Option	\$ 5.18		12/03/2010	12/03/2019	\$.01 PV Cl B Stk	6,087	6,087	D	
Option	\$ 14.01		12/02/2011	12/02/2020	\$.01 PV Com Stk	4,350	4,350	D	
Option	\$ 14.01		12/02/2011	12/02/2020	\$.01 PV Cl B Stk	2,254	2,254	D	
Option	\$ 24.81		12/01/2012	12/01/2021	\$.01 PV Com Stk	3,200	3,200	D	
Option	\$ 24.81		12/01/2012	12/01/2021	\$.01 PV Cl B Stk	1,216	1,216	D	
Option	\$ 16.79		11/29/2013	11/29/2022	\$.01 PV Com Stk	5,700	5,700	D	
Option	\$ 16.79		11/29/2013	11/29/2022	\$.01 PV Cl B Stk	1,140	1,140	D	
Option	\$ 51.93		12/11/2014	12/11/2023	\$.01 PV Com Stk	2,330	2,330	D	

#### **Reporting Owners**

D/	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
KRAMER JAMES S 130 COMMERCE WAY EAST AURORA, NY 14052			VP Luminescent Systems, Inc.						

### Signatures

/s/David C. Burney, as Power of Attorney for James S. Kramer	06/03/2014
Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Mr. Kramer disclaims any beneficial interest in the shares owned by his wife.

 $Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, \textit{see}\ Instruction\ 6 for procedure.$ 

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.