UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden 0.5 hours per response.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses	5)										
1. Name and Address of BRADY ROBERT T	2. Issuer Name an ASTRONICS CO			ding Sym	bol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
286 GREENWOOD	(First) CT		3. Date of Earliest Transaction (Month/Day/Year) 03/05/2019					Other (specify bel	low)		
(Street) EAST AURORA, NY 14052			4. If Amendment, Γ	Date Origina	ıl Fil	ed(Month/I	Day/Year)	Individual or Joint/Group Filing(Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)			Execution Date, if	3. Transaction Code (Instr. 8)		(A) or Disposed of (D)			, .	Ownership	7. Nature of Indirect Beneficial
			(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) Own or Indirect (Inst (I) (Instr. 4)	Ownership (Instr. 4)
\$.01 PV Com Stk		03/05/2019		M		4,000	A	\$ 2.67	33,315	D	
\$.01 PV Cl B Stk		03/05/2019		M		7,081	A	\$ 2.67	169,786	D	

Persons who respond to the collection of information

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	tion	of Deri Seco Acq (A) Disp of (I	ivative urities uired or posed D) tr. 3, 4,			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form of Derivative Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option	\$ 2.67	03/05/2019		M			4,000	09/05/2009	03/05/2019	\$.01 PV Com Stk	4,000	\$ 2.67	0	D	
Option	\$ 2.67	03/05/2019		M			7,081	09/05/2009	03/05/2019	\$.01 PV Cl B Stk	7,081	\$ 2.67	0	D	
Option	\$ 3.19							09/02/2010	03/02/2020	\$.01 PV Com Stk	5,000		5,000	D	
Option	\$ 3.19							09/02/2010	03/02/2020	\$.01 PV Cl B Stk	8,852		8,852	D	
Option	\$ 7.78							08/28/2011	02/28/2021	\$.01 PV Com Stk	2,500		2,500	D	
Option	\$ 7.78							08/28/2011	02/28/2021	\$.01 PV Cl B Stk	4,426		4,426	D	
Option	\$ 13.69							08/28/2012	02/28/2022	\$.01 PV Com	3,000		3,000	D	

						Stk				
Option	\$ 13.69			08/28/2012	02/28/2022	\$.01 PV Cl B Stk	4,556	4,556	D	
Option	\$ 12.65			08/22/2013	02/22/2023	\$.01 PV Com Stk	3,000	3,000	D	
Option	\$ 12.65			08/22/2013	02/22/2023	\$.01 PV Cl B Stk	3,570	3,570	D	
Option	\$ 35.81			09/03/2014	03/03/2024	Stk	2,000	2,000	D	
Option	\$ 35.81			09/03/2014	03/03/2024	Stk	1,650	1,650	D	
Option	\$ 45.88			09/10/2015	03/10/2025	\$.01 PV Com Stk	3,000	3,000	D	
Option	\$ 45.88			09/10/2015	03/10/2025	\$.01 PV Cl B Stk	1,563	1,563	D	
Option	\$ 22.93			08/26/2016	02/26/2026	\$.01 PV Com Stk	4,000	4,000	D	
Option	\$ 22.93			08/26/2016	02/26/2026	\$.01 PV Cl B Stk	1,290	1,290	D	
Option	\$ 28.5			09/07/2017	03/07/2027	\$.01 PV Com Stk	4,000	4,000	D	
Option	\$ 28.5			09/07/2017	03/07/2027	\$.01 PV Cl B Stk	600	600	D	
Option	\$ 34.04			03/02/2019	03/02/2028	\$.01 PV Com Stk	4,000	4,000	D	
Option	\$ 34.04			03/02/2019	03/02/2028	Stk	600	600	D	
Restricted Stock Unit	<u>(1)</u>			(2)	(2)	\$.01 PV Com Stk	2,222	2,222	D	

Reporting Owners

D	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
BRADY ROBERT T 286 GREENWOOD CT EAST AURORA, NY 14052	X							

Signatures

/s/Julie Davis as Power of Attorney for Robert T. Brady	03/07/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit represents the right to receive, at settlement, one share of common stock.
- (2) These restricted stock units are scheduled to vest 100% on August 26, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.