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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting Person FRISBY JEFFRY D	2. Issuer Name and Ticker or Trading Symbol ASTRONICS CORP [ATRO]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner			
(Last) (First) 130 COMMERCE WAY		3. Date of Earliest Transaction (Month/Day/Year) 02/24/2022						Officer (give title below)O	ther (specify bel	ow)
(Street) EAST AURORA, NY 14052	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1. Title of Security 2. Transaction (Instr. 3) Date (Month/Day/Year		Execution Date, if Code (A) or Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5)					Owned Following Reported Transaction(s)	Ownership Form:	Beneficial	
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
\$.01 PV Com Stk								18,672	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (a.g., put: calls warrants actions convertible convertible)

(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	tion)	5. Num of Derivat Securiti Acquire (A) or Dispose of (D) (Instr. 3 and 5)	ive ies ed ed	Expiration Date Arr (Month/Day/Year) Urr Sec		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option	\$ 28.5							09/07/2017	03/07/2027	\$.01 PV Com Stk	4,000		4,000	D	
Option	\$ 28.5							09/07/2017	03/07/2027	\$.01 PV C1 B Stk	600		600	D	
Option	\$ 34.04							03/02/2019	03/02/2028	\$.01 PV Com Stk	4,000		4,000	D	
Option	\$ 34.04							03/02/2019	03/02/2028	\$.01 PV C1 B Stk	600		600	D	
Restricted Stock Unit	<u>(1)</u>	02/24/2022		А		8,112		(2)	(2)	\$.01 PV Com Stk	8,112	\$ 0	8,112	D	

Reporting Owners

Relationships

Reporting Owner Name / Address	Director	10% Owner	Officer	Other
FRISBY JEFFRY D 130 COMMERCE WAY EAST AURORA, NY 1405	2 X			

Signatures

/s/Julie Davis as Power of Attorney for Jeffry D. Frisby	02/28/2022
-*Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit represents the right to receive, at settlement, one share of common stock.
- (2) These restricted stock units are scheduled to vest 100% on August 24, 2022.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.